

## Module specification

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Module Code	HLT528
Module Title	Public Health Policy and Practice
Level	5
Credit value	20
Faculty	FSLS
HECoS Code	100473
Cost Code	GAHW

## Programmes in which module to be offered

Programme title	Is the module core or option for this programme
Dip HE Health and Social Wellbeing	Core
Dip HE Health and Social Wellbeing (with Foundation Year)	Core

## Pre-requisites

None

## Breakdown of module hours

Learning and teaching hours	30 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>30 hrs</b>
Placement / work based learning	0 hrs
Guided independent study	170 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

For office use only	
Initial approval date	6 <sup>th</sup> December 2021
With effect from date	September 2022



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Date and details of revision	29/04/2024 updated learning outcomes, assessment strategy, syllabus outline and reading list.
Version number	2

## Module aims

The module aims to equip students with a range of skills required to deliver real-life health and wellbeing interventions using a person-centred and inclusive approach. During the module students will learn how to manage crisis situations, deliver supervision and develop their own self-care strategies.

## Module Learning Outcomes - at the end of this module, students will be able to:

1	Identify key political parties and discuss ideologies and how this influences policy.
2	Identify key public health policies and critique a policy of your choice.
3	Assess risk of harm and take appropriate actions to manage crisis situations and safeguarding concerns, including the importance of staff debrief and supervision.
4.	Deliver interventions in a supportive and inclusive manner taking account of the needs and preferences of individuals and groups.
5.	Apply a range of self-care strategies, including compassion focused approaches.

## Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Students will be expected to complete a written critique on a key policy of their choice (1000 words). In addition students will deliver a practical health and wellbeing intervention and facilitate a follow up debrief session with peers (10 mins).

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1,2	Written Assignment	40
2	3,4,5	Practical	60



## Derogations

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None

## Learning and Teaching Strategies

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The learning and teaching strategy for this module follows WU's Active Learning Framework. Students are required to attend 'synchronous' workshops that will include the delivery of module content alongside individual and group discussions and tasks. They are also required to complete 'asynchronous' directed study tasks provided on the Virtual Learning Environment (VLE), such as watching recorded lectures, engaging with discussion forums, and undertaking quizzes, individual and group tasks, key readings and reflective activities.

## Indicative Syllabus Outline

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- Political parties and their ideologies
- Key public health policies and legislation
- Building therapeutic relationships
- Inclusive practice
- Dealing with safeguarding concerns
- Inter-agency working
- Supporting someone in crisis (assessing risk)
- Debrief/Supervision
- Compassionate practice
- Self-care strategies

## Indicative Bibliography:

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Please note the essential reads and other indicative reading are subject to annual review and update.

### Essential Reads

Cowley, S. and Whittaker, K. Eds. (2021) *Community Public Health in Policy and Practice: A Sourcebook*. 3<sup>rd</sup> Ed. Edinburgh: Elsevier.

Thompson, N. (2015), *People Skills*. 4<sup>th</sup> Ed. London: Palgrave.

### Other indicative reading

Jones, B. Norton, P. and Hertner, I. Eds. (2022), *Politics UK*. 10<sup>th</sup> Ed. London: Routledge

Moss, B. & Moss, B. (2020) *Communication skills in nursing, health & social care*. 5th edition. Los Angeles: SAGE.

Public Health Wales Website – www. <https://phw.nhs.wales/>

Wilson, J. (2021), *Philosophy for Public Health and Public Policy: Beyond the Neglectful State*. Oxford: Oxford University Press.